

# a local's guide.

**top 10** TO EXPLORE IN THE **Des Moines** AREA.

Des Moines, Iowa, is a vibrant Midwest city known for its diverse cultural scene, strong economy, and rich history, blending modern development with small-town charm



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**PRECISION** | *Sarah Bullen-Brunns*  
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2202 Woodlands Parkway  
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## No. 1 farmer's market

### Des Moines Farmer's Market

The Downtown Farmers' Market supports farmers, growers and artisan food entrepreneurs from all around the state of Iowa. Visitors can explore a vibrant array of offerings, including fresh produce, eggs, meats, and more, alongside unique attractions and activities.



## No. 2 coffee shop

### Northern Vessel

Our mission is to create an exceptional coffee experience through hospitalit

[Northern Vessel Website](#)

## No. 4 events

### World Food & Music Festival

A dynamic three-day event featuring international cuisine, live performances, cultural activities, and global beverages, it offers a rich experience for all ages to celebrate diverse cultures through food, music and more.

[World Food & Music Festival Website](#)

### Des Moines Arts Festival

Step into the heart of creativity at one of the world's most prestigious festivals, where 195 of the nation's top artists transform downtown Des Moines into a breathtaking urban gallery.

[Des Moines Arts Festival](#)



## No. 3 lunch favorite

### South Union Bread Cafe

Stop by our lively lunchtime café and try our famous sandwiches, fresh salads and made-from-scratch soups.

[South Union Bread Cafe Website](#)





## No. 5 Brewery

### Exile Brewing

Exile Brewing Co. is a hand-crafted brewery fueled by the passion of a burn-bright lifestyle, and driven by a unique sense of gratitude for the customer, community and future of our land

[Exile Brewing Website](#)

## No. 6 bike path

### Gray's Lake + Water Works Park

Get your steps in along the 1.9-mile trail encircling Gray's Lake. In the evening, drink in the beautiful downtown Des Moines skyline from the colorfully illuminated bridge.



## No. 7 dinner & drinks

### Eatry A

Eatry A is your Des Moines destination for Mediterranean-inspired cuisine. Perfecting simple dishes that focus on local, quality ingredients.

[Eatry A Website](#)



## No. 8 library

### Central Library

The Central Library is located in the heart of downtown Des Moines' Western Gateway Park area at 1000 Grand Avenue, near the Pappajohn Sculpture Garden.

[Central Library Website](#)

## No. 9 parks + play

### Union Park

This historic park is like walking back in time and includes a wading pool, a rocket slide and a carousel

[Union Park Website](#)

### Grays Lake

With beautiful views of the city skyline, you can enjoy walking, biking, boating and much more at Gray's Lake Park in Des Moines.

[Grays Lake Website](#)



## No. 10 ice cream shop

### Black Cat Ice Cream

we serve hand-crafted small batch artisanal ice cream. We utilize grass-fed natural dairy and ingredients sourced from local producers to create our one-of-a-kind flavors

[Black Cat Ice Cream Website](#)

